

# Girls; Live, Love, Laugh, Inc.

Hayes West Center of Hope ♥ 179 Boyd Street Newark, NJ 07108 ♥ T: 973.289.5765

## Welcome to Our Newsletter!

Our newsletter is a publication to highlight our programs and efforts to empower young girls to be confident and intelligent young women with great character, one tiara at a time. Welcome!

## A Letter from the Founder

Dear Family,

While there are many events and programs happening at Girls; Live, Love, Laugh, Inc., we are never too busy to keep you in the loop. Our biweekly newsletters features upcoming events, programs for your young princesses, and more. Be sure to join our email list and follow us on social media channels so that you will always know what we are up to next.

As we wrap up our breast cancer awareness events, we are making our princesses aware of another issue that is globally recognized this month—domestic violence.

Domestic/dating violence is a pattern of controlling behaviors that one partner uses to get power over the other. Including: physical violence or threat of physical violence to get control, emotional or mental abuse and sexual abuse.

As we continue to support our girls in development, it is important to teach our young girls that true love does not hurt. Other forms of abuse are just as dangerous as physical abuse and leaves scares also.

Let us continue to tell our princesses how beautiful and worthy they are. Together, we can end domestic/dating violence.

Thanks for reading,

Allison "The Youthpreneur" James  
Founder



## Upcoming Events

**October 16**

**Creative Baking with Kustom Kreations** – Hayes West Center of Hope every Friday 6:30pm-8:30pm

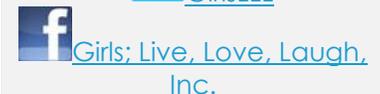
**October 17**

**Royal Readers Club** – Hayes West Center of Hope 9am-10:30am

**October 18**

**Making Strides Newark Breast Cancer Walk** – NJ Devils Championship Plaza Prudential 10am

## Keep In Touch With Us!



## Mayor Ras Baraka and the City of Newark Honors Girls; Live, Love, Laugh!

Last month, many gathered at City Hall as Mayor Ras Baraka honored Girls; Live, Love, Laugh, Inc. on its founders day and proclaimed September 16<sup>th</sup>, 2015 as Girls; Live, Love, Laugh, Inc. Day in the city of Newark.

Since its inception on September 16, 2009, the program has helped hundreds of young girls in the Newark community by providing them with a safe haven.

The program is designed for young girls ages 6-13 and aims to empower despite limited resources that maybe be available to them.

The program focuses on self-esteem, education, self-respect, encouragement on positive decision making in their lives, and other areas that address the holistic wellbeing and development of the young girls.

The princesses who participate in the organization, speak well of Girls; Live, Love, Laugh and recognize the impact that the organization has had on their lives and development thus far.

Princess Christina says, "They tell me that I am a princess and that I'm going to be a good leader one day. It really helps me believe in myself."

Parents like Madeliae Bethea find the program equally as praiseworthy when she says, "[The mentors] do a lot of

positive things and they are positive women role models. They help with self-esteem [which is crucial amidst all the bullying that goes on]."

Girls; Live, Love, Laugh is excited about the change we make and will continue to make Newark proud.

"They tell me that I am a princess and that I'm going to be a good leader one day. It really helps me believe in myself."

Christina Rouse

-Girls; Live, Love, Laugh  
Princess



Founder Allison James with Mayor Baraka

### In the Community

#### Making Strides -- Newark Breast Cancer Walk

Wear PINK on Sunday, October 18<sup>th</sup> as we walk in unity to show support for breast cancer patients, survivors, and walk towards a cure. The walk starts at 10am at NJ Devils Championship Plaza Prudential. For more information and sign up, click [here](#).

#### Help Us Grow!

Girls; Live, Love, Laugh is raising funds to purchase two transportation vans for our Girls Mentor Program. Our organization grows each year and it is becoming difficult to transport our princesses. Your generous donation will continue our efforts in the community and transform the lives of our young girls. Please take the time to visit our [website](#) and donate. Thank you!

## Two Classes Left in Three-Part Creative Baking Workshop Series!

Last Friday was the start of our three-part creative baking workshop. There are two remaining workshops on October 16<sup>th</sup> and 23<sup>rd</sup> at 6:30- 8:30pm at Girls; Live, Love, Laugh Inc. that will leave your princesses excited to greet you with their tasty creations.

Last week's menu featured cupcakes and chocolate pretzels! Workshops are facilitated by Kortny Williams, Newark native and owner of Kortny's Kustom Kreations. Kortny has years of cooking and baking experience and will now offer your child the opportunity to learn basic baking technique and dessert decorating skills for themselves.

Classes for 6-13 year old princesses are FREE and the last day of the workshop series is October 23<sup>rd</sup>, so don't hesitate to sign your kid up! She and the family will thank you forever.



*Some of our princesses decorating their homemade desserts*

## Come Read Like Royalty with the Royal Readers Club

At Girls; Live, Love, Laugh, we believe that true princess power comes from confidence, poise, great character, and ...literacy! Research supports that out-of-school reading habits can expose students to more than a million words of text in a year. If your child spends more time reading outside of school, not only will they see more words, but they will know more too!

This Saturday, October 17<sup>th</sup>, we will have Royal Readers Club! Our princesses will spend time expanding their minds and sharpening their reading skills from 9am-10:30am. Bring your child out to read like royalty and reap the benefits that an amazing book has to offer. They can bring their favorite book or choose from our Royal Library. Happy Reading! ☺

## Hair Care Hygiene with Lynette Lashawn of Boutique Off The Hanger

On Saturday October 10<sup>th</sup>, Boutique Off The Hanger owner, Lynette Lashawn, hosted a hair care/hygiene workshop for our princesses to teach them the importance of healthy hair care practices.

The event was a success and the princesses learned more about keeping themselves even more healthy and beautiful.



*Our princesses in a glamour shot with Ms. Lynette Lashawn*

## Princess Spotlight: Miracle Loves to Give Back!

October 15<sup>th</sup> marks the official end of Hispanic Heritage Month. To pay homage to Hispanic heritage month and highlight our amazing Latina/Hispanic young girls in the program doing great things, our first spotlight goes to Miracle Moreira. Miracle has been with the organization for two years and has sold jewelry at the Apple-Bees fundraiser last month to help Girls; Live, Love, Laugh purchase a van to transport more girls in the mentorship program.



*Miracle Moreira is an 8 year old princess and loves GLLL so much that she sold her mother's old jewelry to help the organization fundraise*

**Name:** Miracle Moreira

**Age:** 8 years old

**Length of Time with GLLL:** Almost 2 years

**What made her sell old jewelry to fundraise:** "My mom collects jewelry and she has old ones that she doesn't use. So I sold it for charity for Girls; Live, Love, Laugh and made almost \$30."

**Where she learned to give back to her community:** "I learned from my mom and my sisters. My mom tells me to care and there's other kids that need help too."

**Her favorite thing about the program:** "I love the etiquette class!! I like how they test us to see which plate goes where. It is important because they teach us to how to be a proper lady and experience it before we get older."

**Why she loves the program and think it would be great for other girls:** "I have best friends there and support from Ms. Allison. The girls, we look out for each other and make sure that none of us gets hurt."

**We asked her mom Emily about the biggest changes she noticed in Miracle since she started participating in the programs:** "Her confidence. There are a lot of things that are hard to talk about. The program talks about [many things and help her feel better about herself]. Every single time, they call her princess and it's important that they know how valuable they are to the world and how beautiful they are too."

**Girls; Live, Love, Laugh loves watching you grow and we appreciate you  
Miracle!!**

## Pictures from Our Programs and Events

A photo collage of pictures from our Breast Cancer Awareness and Will to Live Day, Creative Baking, Club 10EN Personal Hygiene, and Natural Hair Care workshops.



## Our Board Members

### Founder:

Allison "The Youthpreneur"  
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Have an idea for future programming? Interested in becoming a volunteer or hosting a workshop? Email US at [girlslivelovelaughinc@gmail.com](mailto:girlslivelovelaughinc@gmail.com)

## Stay Tuned For...

### October 30

Scary Movie Night! – Movie starts at 6:30pm and ends at 8:30pm so be on time!

### October 31

HallowTWEEN Party! -- The party is at 3:30pm-6:30pm. This is a 5-13 year old event. Yes, costumes are required for entry and the best ones will receive a prize!

**Looking for opportunities to partner, donate, or sponsor Girls; Live, Love, Laugh?**

Contact us via Social Media or email inquiries to [infogirlslll.inc@gmail.com](mailto:infogirlslll.inc@gmail.com)

How do you feel about our newsletter? What would you like to see in the future? Let US know [@GirlsLLL](https://twitter.com/GirlsLLL) on Twitter or email at [newsletterglll.inc@gmail.com](mailto:newsletterglll.inc@gmail.com)